IYWI
If You Work It

FOR SOBER LIVING HOMES

A steadier house. Longer stays. Tighter community.

IYWI helps house managers, recovery coaches and connected residents see the signs sooner and stay engaged. Residents get a daily ritual, a private circle and a community that stays with them.



WHAT IYWI DOES FOR YOUR HOUSE

See the signs sooner
Residents who add you as a Supporter share check-in summaries, and you get a heads-up when they report high urges or low mood.

Coaching between sessions
Recovery coaches see how residents are doing day to day, so sessions start with context and follow-ups happen sooner.

Less turnover, more time to grow
Catch warning signs before a resident leaves. Longer stays give residents more time to build their recovery.

A more connected house
One private Group for house messages, reminders and milestones, in place of scattered group texts.

HOW THE EARLY WARNING WORKS

For managers and coaches: see the signs sooner, with time to respond.

They check in
A minute a day on sobriety, mood, urges and gratitude.

You see the shift
Brief summaries show when mood dips or urges climb.

You get a heads-up
High urges or low feelings trigger an alert.

You reach out early
Call, text or meet up while it can still help.

GETTING STARTED

1. **Post the resident flyer.** Residents scan the QR code and download IYWI for free.
2. **Residents add you, and others, as Supporters.** They choose what to share, and can change it anytime.
3. **You stay close.** Daily check-ins, heads-ups and milestones, all in one place.
4. **Create your house Group.** One private space for house messages, reminders and milestones.

Scan to download IYWI
Free for every resident and staff member.

Built with privacy and respect. Residents choose who sees their check-ins. IYWI supports your judgment; it doesn't replace clinical care or emergency services.

iywico.com